

Using Paraffin-based Creams Safely



**FIRE
SAFETY
ADVICE**



West Yorkshire
Fire & Rescue Service

Making West Yorkshire Safer
www.westyorkshire.gov.uk

Top Tips

DON'T

- ✗ Don't smoke or allow others to smoke in your home.
- ✗ Don't use any naked flame or ignition source such as matches, lighters and candles if there is any chance of your clothing being contaminated with paraffin-based cream.
- ✗ Don't cook if there is any chance of your clothing being contaminated with paraffin-based cream.
- ✗ Don't use paraffin or oil-based cream or liquid on your skin if using oxygen equipment. Speak to your health professional or carer about using water-based cream instead.

DO

- ✓ Do wash your bedding daily as it may have been saturated with paraffin-based cream.
- ✓ Do change and wash your clothing daily as it may have been saturated with paraffin-based cream.
- ✓ Do cover your furniture or airflow cushion with throws to avoid them becoming contaminated but ensure you wash the throws daily.
- ✓ Do tell your health care professional or carer if there is a change in your medical or health condition which might compromise your fire safety within your home. For instance, if you are prescribed medication that cause drowsiness, your mobility declines significantly, or you experience memory issues.
- ✓ Do share this information and advice with your family and friends.

Important facts

- Using paraffin-based cream is safe unless an ignition source, such as a heater, candle or cigarette is introduced. These sources could cause a fire which may result in **serious injury or death**.
- Regular use of paraffin-based products could result in the contamination of your clothing and bedding which would catch fire more easily if exposed to an ignition source.

Take care around heat, sparks and fire

Useful contacts

For further information on

- **Fire safety in your home.**
Call us on 0800 587 4536
or see our website www.westyorksfire.gov.uk.
- **Your oxygen equipment.** Contact your oxygen provider (there should be a sticker with their number on the equipment or it will be contained within the instructions).
- **Giving up smoking.**
Call the NHS Free Smoking Helpline 0800 0224332
or see www.smokefree.nhs.uk

